

# MRE BAR™



@REDCON1

Ingredients: Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Chicken Protein, Egg Albumin, Salmon Protein), Gluten Free Rolled Oats, Carbohydrate Blend (Dehydrated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated Goji Berries, Maltodextrin, Dextrose, MCT Oil), Soy Protein Isolate, Vegetable Oils (Palm, Palm Kernel, Soybean), Sugar, Vegetable Glycerin, Peanuts, Sorbitol, Water, Whey Protein (from cooking), Maltitol, Brown Rice Flour, Chicory Root Fiber, Cocoa, Natural Flavors, Reduced Mineral Whey Powder, Sunflower Lecithin, Whey, Mono and Diglycerides, Soy Lecithin, Beta-Carotene, Vitamin A Palmitate, Potassium Sorbate, Almond and Sucralose.

Contains: Milk, Soy, Tree Nuts (Almond, Coconut), Peanut, Egg and Fish (Salmon).

Manufactured in a plant that processes products containing Wheat, Milk, Soy, Tree Nuts, Peanuts, Egg, Fish and Sesame.



# MRE BAR™

Net Wt. 2.36 oz (67g)

## WHOLE FOOD PROTEIN BAR



MEAL REPLACEMENT



REAL PEANUT PIECES



20G OF PROTEIN **20g**

CRUNCHY PEANUT BUTTER CUP  
With other natural flavors

# MRE BAR™

### Nutrition Facts

1 Serving Per Container  
1 Bar (67g)

Amount per serving

**Calories 260**

	% Daily Value*
Total Fat 5g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 25g	11%
Dietary Fiber 3g	11%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 20g	40%
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.6mg	4%
Potassium 90mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

See inside flap for ingredient list and allergen information.

Notes: Use this product as a food supplement only. Do not use for weight reduction.

See nutrition information for Saturated Fat content.

WWW.REDCON1.COM

V 1.3



DISTRIBUTED BY: REDCON1, LLC  
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Contains Bioengineered food ingredients.  
Keep in a cool, dry place. Store at 59-86°F (15-30°C)