



RECOMMENDED DOSE (ADULTS) FOR GRIZZLY SHREDDED: Take 6 capsules orally every morning (or if preferred, 3 in the morning and 3 in the early afternoon, not too close to bedtime) on an empty stomach with 8.4 fl. oz. (250ml) of water. GRIZZLY SHREDDED is best used in combination with proper nutrition, as well as regular exercise to fully optimize results. If you are sensitive to caffeine, we suggest assessing your tolerance by starting with 1/2 the suggested serving size.

*For French information, please refer to the box / Pour les informations en français, veuillez vous référer à la boîte.

GO WILD.

 @GrizzlySupplements
GRIZZLYSUPPLEMENTS.COM

Manufactured for and Distributed by:
GRIZZLY SUPPLEMENTS
South Surrey, BC V4A 1K7

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GRIZZLY SHREDDED: UNIT



GMP
CERTIFIED


MADE IN CANADA / Fabriqué au Canada
From domestic and imported ingredients
/ À partir d'ingrédients canadiens et importés


PLEASE RECYCLE
/ S'il vous plaît recycler


V-CAPS


VEGAN
/ Végétalien

Medicinal Ingredients / Ingrédients médicinaux
Serving Size: 6 Capsules Daily (5.2g) Servings Per Container: 30
/ Une portion: 6 capsules par jour (5.2g), Portions par contenant: 30

Amount Per Serving / Quantité par portion	Single Capsule / Capsule unique	6 Capsules Serving / 6 Capsules (1 portion)
Ca-HMB (Calcium beta-hydroxy-beta-methylbutyrate) / Ca-HMB (Béta-hydroxy-béta-méthylbutyrate de calcium)	500mg	3000mg
1,3,7-Caffeine / 1,3,7-Caféine	41.66mg	250mg
White Kidney Bean (Phaseolus vulgaris, seed, 7.5:1, QCE 250mg) / Haricot blanc (Phaseolus vulgaris, graine, 7.5:1, QCE 250mg)	33.33mg	200mg
Yerba Mate (Ilex paraguariensis, leaf, 10:1, QCE 166.7mg) / Yerba Maté (Ilex paraguariensis, feuille, 10:1, QCE 166,7mg)	16.67mg	100mg
Royal Jelly (Apis mellifera, secretion, 3:1, QCE 50mg) / Gelée royale (Apis mellifera, sécrétion, 3:1, QCE 50mg)	16.67mg	100mg
Choline (Choline bitartrate) / Choline (Bitartrate de choline)	6.86mg	41.16mg
Vitamin B3 (Niacinamide) / Vitamine B3 (Niacinamide)	5mg	30mg
Vitamin B1 (Thiamine hydrochloride) / Vitamine B1 (chlorhydrate de thiamine)	5mg	30mg
Vitamin B6 (Pyridoxine hydrochloride) / Vitamine B6 (chlorhydrate de pyridoxine)	5mg	30mg
Chromium (III) picolinate / Picolinate de chrome (III)	83.33mcg	500mcg

Non-medicinal Ingredients: Magnesium stearate, microcrystalline cellulose, hypromellose, purified water, malic acid, silicon dioxide. / Ingrédients non médicinaux : Stéarate de magnésium, cellulose microcristalline, hypromellose, eau purifiée, acide malique, dioxyde de silicium.

Keep out of reach of children. Recommended use or purpose: Helps in energy metabolism and in tissue formation, Helps in energy production, Provides support for healthy glucose metabolism, Helps to enhance (physical) energy, Helps to promote alertness and wakefulness, and to enhance cognitive performance, Helps to reduce tiredness and fatigue, Helps to relieve fatigue, to promote endurance, and to enhance motor performance, Helps to support/promote mental sharpness/alertness, Enhances muscle strength in previously untrained individuals in combination with intense resistance training exercise. **Duration of Use:** Consult a health care practitioner/health care provider/health care professional/doctor/physician for use beyond 6 months, **Allergen Warning:** Made in a facility that also processes milk, soy, sesame, egg, peanuts, tree nuts, fish/crustaceans/shellfish oils, and wheat products, **Cautions & Warnings:** Consult a health care practitioner/health care provider/health care professional/doctor/physician if you have a kidney disorder and/or diabetes, Avoid taking with health products or foods that contain caffeine and/or increase blood pressure (e.g., medications, coffee, tea, colas, cocoa, guarana, mate, bitter orange extract, synephrine, octopamine, ephedra, ephedrine), Caffeine has been shown to reduce blood flow to the heart muscle during exercise which might lead to cardiovascular complications such as chest pain, and irregular heartbeat even in healthy individuals. If those symptoms occur, stop use and consult a health care practitioner/health care professional/doctor/physician, Consult a health care practitioner/health care provider/health care professional/doctor/physician prior to use if you have high blood pressure, glaucoma, and/or overactive bladder syndrome (detrusor instability), This product is not intended as a substitute for sleep, Consult a health care practitioner/health care provider/health care professional/doctor/physician prior to use if you are taking medications for high cholesterol, Consult a health care practitioner/health care provider/health care professional/doctor/physician if you are of childbearing age, **Known Adverse Reactions:** Caffeine may cause anxiety, rapid heart rate (tachycardia), palpitations, insomnia, restlessness, nervousness, tremor and headache, Stop use if hypersensitivity/allergy occurs, Stop use immediately if hypersensitivity/allergy occurs, **Contra-Indications:** Do not use this product if you are pregnant or breastfeeding, Do not use this product if you have a history of asthma or allergies, **Do not use if the seal is broken or missing / Ne pas utiliser si le joint est cassé ou manquant.** *For French information, please refer to the box / Pour les informations en français, veuillez vous référer à la boîte.



SHREDDED

FAT BURNER, ENERGY, LEAN MUSCLE

THERMOGENIC SUPPLEMENT / Supplément thermogénique

180 CAPSULES
NET WT. / Poids Net 156g

30 SERVINGS
/ Portions
NPN 80120274

GRIZZLY SHREDDED
FAT BURNER, ENERGY, LEAN MUSCLE

3000mg **CA-HMB**
(Calcium beta-hydroxy-beta-methylbutyrate)

250mg **CAFFEINE**

200mg **WHITE KIDNEY BEAN**

100mg **YERBA MATE**

100mg **ROYAL JELLY**

Per 6-capsule serving

PLUS 5 MORE ACTIVE INGREDIENTS:

- **CHOLINE**
- **VITAMIN B3** (Niacinamide)
- **VITAMIN B1** (Thiamine hydrochloride)
- **VITAMIN B6** (Pyridoxine hydrochloride)
- **CHROMIUM**