

MRE BAR™



@REDCON1

Ingredients: Protein Blend (Beef Protein Isolate, Pea Protein, Brown Rice Protein, Egg Albumin, Salmon Protein), Carbohydrate Blend (Dehydrated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated Goji Berries, Maltodextrin, Dextrose, MCT Oil), Soy Protein Isolate, Maltitol, Palm Kernel Oil, Glycerin, Peanuts, Gluten Free Rolled Oats, Whey Protein (from coating), Sorbitol, Water, Palm Oil, Brown Rice Flour, Chicory Root Fiber, Sugar, Soybean Oil, Natural Flavor, Sucralose, Sunflower Lecithin, Titanium Dioxide, Vanilla Powder, Mono & Diglycerides, Whey, Potassium Sorbate, Soy Lecithin, Beta Carotene, Vitamin A Palmitate, Natural Color and Almond.

Contains: Milk, Soy, Tree Nuts (Almond, Coconut), Peanut, Egg and Fish (Salmon).

Manufactured in a plant that processes products containing Wheat, Milk, Soy, Tree Nuts, Peanuts, Egg, Fish and Sesame.



MRE BAR™

Net Wt. 2.36 oz (67g)

WHOLE FOOD PROTEIN BAR



MEAL REPLACEMENT



HOMEMADE TASTE



20G OF PROTEIN **20g**

BANANA NUT BREAD

With other natural flavors



MRE BAR™

Nutrition Facts

1 Serving Per Container

1 Bar (67g)

Amount per serving

Calories 260

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 20g	40%

Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.6mg	4%
Potassium 90mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

See inside flap for ingredient list and allergen information.

Notes: Use this product as a food supplement only. Do not use for weight reduction.

See nutrition information for Saturated Fat content.

WWW.REDCON1.COM

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DISTRIBUTED BY: REDCON1, LLC
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Contains Bioengineered food ingredients.

Keep in a cool, dry place. Store at 59-86°F (15-30°C)